

Summer Term – Pre-school - Help at Home sheet

Here are some ideas for how you can help me grow and learn at home. Please do as many of these as often as you can with me.

Help me to make a picture for someone special. I could use pencils, paint or crayons.

Can you help me to show my picture to my friend or relative?

How could we show them? Help me to post it, email it or show my picture to them on a video call.

Take me on a listening walk. What can we hear? The bus? A dog barking? Birds tweeting? The rain splashing puddles? Children laughing?

Take me on a walk after dark – how have the sounds changed? What can we hear instead?

Help me to learn to catch. I can catch anything. Start with bigger items such as a large ball, cushion or teddy. Encourage me to keep practicing, increase my distance and decrease the size of my 'ball'.

Can we make a 'ball' from socks? Gloves? Playdough? Paper? Foil?

Can you help me to be a drummer? What could we use? I can make sounds with my body: clapping, tapping my knees or stamping my feet. Can I use something in my house: Tap the table, bang a pot or pan, knock on the floor. Help me to keep a steady rhythm as we sing my favourite songs or listen to different music styles.

Help me to count everything and anything. I could count steps, jumps, trees, the number of dogs we see when out for a walk.

Help me to make a mark on paper each time I catch a ball and you can make a mark when you do. Who catches the ball the most times?

Read lots of stories to me every day and ask me questions about them.

Can I read to you now? Help me to hold the book up the right way and turn pages carefully. Remind me to read the pictures from left to right, linking picture ideas together to tell the story.

Can you help me to learn about insects?

I wonder if I can name at least 5 and find out 3 facts about each? For example, a fly has no teeth, just a long tongue, they can fly backwards, and their feet are so sticky they can walk upside down!



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