

Spring Term - Reception - Help at Home sheet

Here are some ideas for how you can help me grow and learn at home. Please do as many of these as often as you can with me.

Make silly faces with me in a mirror.

Progress to name an emotion and to each make a different face in the mirror. Who can make a sad face? A happy face? A scared face?

Talk with your child about their emotions and discuss situations where they may feel happy or sad.

Encourage me to make up nonsense rhymes. Help me by changing words to a nursery rhyme I know well, for example:

Twinkle twinkle little car,
how I wonder what you are,
up and down the road you go,
where you stop we'll never know!

Encourage me to further develop my gross motor skills by playing balloon with me at home.

Challenge me to hit the balloon 10 times in a row with my fist or to kick the balloon up 15 times in a row. How many times can we head the balloon to each other without it falling down?

Help me to develop my design ideas by cutting, sticking and creating pictures, objects and models using craft or recyclable materials.

Help me to make a kitchen band by using pan lids for cymbals and upturned pans for drums. How many different ways can I play?
Quietly, slowly, fast, loudly?

Using 2D shapes I have learnt, help me to make or draw a repeating pattern

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Challenge me to work out what comes next. Can I continue the pattern? Or make my own?
Make increasingly difficult patterns to challenge me further

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Challenge me to draw a picture and then write a word or sentence about it.

Teach me to play hangman using simple words. Can I guess the letters in the word before it's too late? For playing rules: <https://www.wikihow.com/Play-Hangman>

Whilst out on a walk help me to collect different natural objects such as feathers, pine cones, leaves or acorns. Encourage me to make different pictures, patterns and art from everything I have collected. How many objects did I find? Can I name them all?



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