

Autumn Term – Pre-school - Help at Home sheet

Here are some ideas for how you can help me grow and learn at home. Please do as many of these as often as you can with me.

Talk to me about my day.

What will I be doing today? Where will I be going? Who will I see?

If I am going to pre-school today, perhaps I can help you pack my lunch. Encourage me to talk about my preferences – foods I like or dislike.

Help me to listen to you carefully. Encourage me to look at you and be still when you speak to me.

Talk to me about whisper voices, indoor voices and outdoor voices. Can I change my voice to squeak like a mouse? Roar like a lion? Hiss like a snake?

Please help me to increase my self-confidence and to become more independent.

Teach me how to work out which shoe goes on which foot. Can I put my shoes on all by myself? Socks can be very tricky to put on, but with practise I should be able to do it!

Help me to build in different ways. Show me how to make a tower, a bridge, a house, a castle.

Encourage me to experiment with different ways of moving. Can I slither like a snake? Crawl like a cat? Hop like a rabbit? Pounce like a tiger?

Sing counting songs with me and encourage me to count on my fingers.

Play puzzles with me and help me to complete them. Can I complete a 6-piece puzzle? A 12-piece puzzle? At 24-piece puzzle?

Read lots of stories to me every day and ask me questions about them.

Can you remember who was in the story? Can you remember what happened at the beginning? In the middle? At the end? What was your favourite part of the story? Why?

Look at photographs with me. Perhaps you have photographs of me as a baby, a toddler and now. Can I tell you what I can do now that I couldn't when I was a baby?

Encourage me to ask questions and to look carefully at similarities and differences.



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