

## Nursery - Help at Home sheet

Here are some ideas of how you can help me grow and learn at home. Please do as many of these as often as you can with me.

Play simple sharing games with me where I must wait my turn. This could be by playing a matching or pairs game.

Have a tea party with me and my teddy bears. Help me to make sure it is fair, and every teddy has a cup or plate.

Help me to listen to you carefully. Encourage me to look at you and be still when you speak to me.

Talk to me about whisper voices, indoor voices and outdoor voices. Can I change my voice to squeak like a mouse? Roar like a lion? Hiss like a snake?

Help me to learn how to put my jumper on and take it off. Can I pull the arms through of a jumper that is inside out?

Encourage me to begin to use a knife and fork whilst eating. Can I cut up some of my food all by myself?

Help me to build in different ways. Show me how to make a tower, a bridge, a house, a castle.

Encourage me to experiment with different ways of moving. Can I slither like a snake? Crawl like a cat? Hop like a rabbit? Pounce like a tiger?

Sing counting songs with me and encourage me to count on my fingers.

Play puzzles with me and help me to complete them. Can I complete a 6-piece puzzle? A 12-piece puzzle? At 24-piece puzzle?

Read lots of stories to me every day and ask me questions about them.

Can you remember who was in the story? Can you remember what happened at the beginning? In the middle? At the end? What was your favourite part of the story? Why?

Look at photographs with me. Perhaps you have photographs of me as a baby, a toddler and now. Can I tell you what I can do now that I couldn't when I was a baby?

Encourage me to ask questions and to look carefully at similarities and differences.



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