

Autumn Term 1 - Reception - Help at Home sheet

Here are some ideas for how you can help me grow and learn at home. Please do as many of these as often as you can with me.

Take me to the play park.

Climbing the climbing frame will help me to gain confidence and develop my problem-solving skills when climbing trickier equipment.

Pulling myself up onto climbing equipment will strengthen my arms to help my stamina for writing.

Talk to me when we go out walking or go on the bus. I might ask you questions about what I can see too.

Point different logos and signs out to me on toys, on the TV or in town.



Please help me to become more independent.

Teach me to put my coat on by myself and help me to learn how to do up the zip or buttons.

Encourage me to use a knife and fork and try new foods.

Sing nursery rhymes with me.

Nursery rhymes help me to understand rhythm and rhyme.

They help my language skills and support reading and writing too!



0 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15

When we go up and down the stairs count with me each step, saying one number for each step.

When I get good at this, help me to count in twos.

0 2 4 6 8 10 12 14 16 18 20

Read me a bedtime story every night (this can be in your home language). I will soon bring home new stories from school that we can share together.

In phonics we have learnt the sounds: s a t p i n m d
Help me read and write the letters.

Take me to different places in the local area such as the park, the mill pond, the woods or the library.

When we go out for a walk we might see different trees, plants and animals. Help me to notice and investigate changes in seasons and the weather.



The Collegiate Trust
Exceptional Education for All

